



مستشفى الملك عبد العزيز  
King Abdulaziz Hospital

مؤتمر

صحة كبار السن وامراض الشيخوخة

Geriatric Health Conference  
2024

Scientific Program



9 & 10 October



لتبقى مكة بصحة  
X @kaahmak



First Day Wednesday 09-10-2024

اليوم الأول الأربعاء 06-04- 1446هـ

8:00 - 8:30 Registration

Moderated By Dr. Weam Qutub

8:30- 9:00 Do we need geriatrician? when to refer? Dr. Omar Basubrain

9:00- 9:30 Frailty Dr. Walid Alkeraidi

9:30- 10:00 Exploring the implementation of frailty intervention in primary care Dr. Khulud Alharbi

10:00- 10:20 Discussion session : towards a society with 80 years and more

10:20 – 10:50 Opening ceremony: Welcoming Geriatric center at KAH  
Dr. Hatim Alomari  
Dr. Deyaa Mukhtar  
Dr. Weam Qutub

Moderated By Dr. Laila Alharbi

10:50 – 11:20 Sleep disturbance in older adult Dr. Hadeel Al-Qurashi

11:20 – 11:50 Delirium Dr. Mohammed Khushaim

11:50 – 1:10 Break for Pray and lunch

Moderated by Dr. Ammar AlKhotani

1:10 – 1:40 Osteoporosis in older adult Dr. Laila Alharbi

1:40 – 2:10 Polypharmacy in OA, how to manage? Dr. Terad Telmisani

2:10 – 2:40 Preventive care in older adult Dr. Shaza Alharbi

2:40 – 3:00 Herpes Zoster Vaccination in Adults Dr. Mohammed Melibari

3:00 – 3:20 Arexvy for RSV prevention in older adults Dr. Sultan Gazi



Second Day Thursday 10-10-2024

اليوم الثاني الخميس 1446هـ - 07-04

8:00 - 8:30 Registration

Moderated By Dr. Duaa Kalntan

8:30 – 9:00	Overview of Neuro -Degenerative disorders	Dr. Sami Saad
9:00 – 9:30	Dementia of Lewy body	Dr. Ammar Alkhotani
9:30 – 10:00	New era in Alzheimer management	Dr. Ahmad Al Ghamdi

10:00-10:30 Coffee Break

Moderated By Dr. Hamsa Qashqari

10:30 – 11:15	Updates in Diabetes management in older adult	Dr. Ghadi abdulmajeed
11:15-11:35	Fall	Dr. Abdulaziz Aledyan
11:35 – 12:00	Common Dermatological disorders in older adults	Dr. Fawaz Aljehani
12:00 – 12:30	حقوق كبار السن وواجبات ذويهم	Atty. Nebras Nawaf

12:30 – 1:30pm Break for Pray and lunch

## Workshops:

10:00 -12:00 pm Workshop A: For older adult and their families (Arabic)

كيفية التعامل مع كبير السن في المنزل  
Dealing with older adult at home

Dr. Khalid Almasoudi

كيف تتعامل مع مريض ضعف الإدراك  
Dealing with cognitive impairment patient

Mrs. Radia Kheder

البيئة الأمنة لكبير السن  
Safety precaution at home

Mrs. Abeer AL-Khathami

1:30 – 4:00 pm Workshop B: For healthcare provider

Cognitive assessment	Dr. Duaa Kalantan
Fall assessment	Dr. Hamsah Qashqari & Mr. Raed Almalki
Polypharmacy	Dr. Asim Alshanbari
Role of clinical dietitian in home health care	Dr. Haneen Rizq



### 1:30-4:00 pm Workshop C:

For age friendly hospitals: How to meet the standards of health facilities that are age friendly

#### Overview of how to apply the standards

Dr. Weam Qutub

#### 1- The structure of the age friendly healthcare facility The Building Structure of Geriatric center

Eng. Mohammed Albenyan

Safety and security in geriatric center

Mr. Ahmad Alharbi

Quality in geriatric center

Dr. Abdullah Almalki

Comprehensive healthcare for older adult at geriatric center

Dr. Amal Abu Hamr

#### 2- Providing comprehensive healthcare for older adult

Multidisciplinary team role in geriatric center

Social worker:

Mr. Hasan Abu-faraj

Physiotherapist:

Mr. Mansour Alzahrani

Psychotherapist:

Mr. Khalid Malayo

Dietitian:

Ms. Hanouf Alotaibi

Clinical pharmacist:

Mrs. Wejdan Alsharif

Health educator:

Mrs. Elham Sharifi

#### 3- The workforce providing healthcare for older adults services

Training and continuous professional development

Dr. Amal Abu Hamr

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